

Inclusions:

- Return airfare from Toronto to Ft. Lauderdale
- 1-night pre-cruise in Ft. Lauderdale, including hotel, transfers and breakfast.
- 11-day cruise on Holland America's *ms Nieuw Amsterdam*.
- Transfers between airport, hotel and ship.
- Choice of accommodations.
- All meals and snacks while on board.
- **Among Friends** Private Cocktail Party.
- Services of **Among Friends** tour leader, Dr. Bill Webster.

Stateroom Selection		Doubles	Singles
SS	Signature Suite	\$4,895	\$8,795
VB	Verandah Stateroom	\$3,395	\$5,995
VC	Verandah Stateroom	\$3,345	\$5,895
VD	Verandah Stateroom	\$3,295	\$5,795
C	Large Oceanview	\$3,094	\$4,495
D	Large Oceanview	\$3,045	\$4,395
J	Large Inside	\$2,695	\$3,895
	3 rd / 4 th in a cabin	\$1,965	

Terms and Conditions:

1. Prices are in Canadian Dollars per person.
2. A deposit of \$780 per person is required to secure space.
3. Taxes are an additional \$190.
4. Final Payment is due October 19th, 2016.
5. Fuel surcharges (if applicable) will be charged at final payment.
6. **BOB'S cruises & tours** recommend **Manulife Travel Insurance**.
7. Full terms and conditions are outlined on back of invoice.

Cancellation Penalties:

- Cancellation penalties apply within 90 days.
- 90 – 61 days – 50% + airline tickets.
 - 60 – 31 days – 75% + airline tickets.
 - 30 days to departure 100% non refundable.

For more information or to book your cabin, call us at:



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"A great healing experience to be with a group of friends who share a common bond" V.G.



BOB'S cruises & tours recommend Manulife for all your travel insurance needs. Call 905-338-2077 or visit us at www.bobscruises.com for your quote.

Join us for Among Friends
16th Annual Caribbean Cruise

Holland America's *ms Nieuw Amsterdam*

Departing January 17th – 29th, 2017

Roundtrip Ft. Lauderdale

"Giving yourself permission to laugh and enjoy new friendships and experiences in this new life journey"



Dr. Bill writes: This will not only be a great holiday for everyone, but will include a special support program for recently bereaved, led by myself, as well as other activities, led by my co-leaders Ken & Lorna Mitchell. Join us on this special excursion to the Caribbean in January.



Ft. Lauderdale - Beaches, boats and year-round warm, sunny weather make Ft. Lauderdale a mecca for snowbirds, vacationers and sports enthusiasts. Once an infamous spring break destination, the “Venice of America” now has a decidedly upscale, sophisticated vibe. Cruise its famous canals and check out the passing scene of luxury mansions. Watch for the historic Stranahan home. Once a trading post, it’s the city’s oldest surviving structure. Spend an afternoon in the posh galleries and boutiques of Las Olas Boulevard, and unwind in a chic little bistro. Wildlife lovers will find much to explore in nearby Everglades National Park, a UNESCO World Heritage Site. Grab your binoculars and sunscreen and hop on an airboat. The park is home to alligators; manatees, gentle giants of the swamps; as well as rare Florida panthers. Birders can add the great blue heron, white ibis, pelican and snowy egret to their life lists.

Sint Maarten - Geographically, sixty percent of the island of Saint Martin French. Forty percent is Dutch. And 100 percent of it is wonderful. Philipsburg is the capital of the Dutch section of the island (called Sint Maarten), and lies on a gentle arc of land with a saltwater lake to the north and a bay to the south. An esplanade runs alongside a white sand beach, so you can switch from sunning to shopping and back again in moments. One block in from the beach, cruise visitors can visit the duty-free boutiques of Front Street, one of the great shopping avenues of the Caribbean. Outside town, you can choose from one of the island's nearly 40 beaches. Mullet Bay is one of the nicest.

Castries - The old volcanoes have hardened and are crusting over with jungle, but they do make for some beautiful serrated scenery across the island of St. Lucia. Most improbable are the Pitons, two roughly conical mountains rising right up from the ocean on the island's southwest coast. Cruise to a land that still seethes, especially at Soufriere, said to be the world's only drive-in volcano. To the north, the island's capital, Castries, snugs into a sheltered bay. Check out the local market on Jeremie Street, explore Derek Walcott Square (named for the Nobel-winning poet), or spend some time on Vigie Beach.

Cruising Soufriere Bay - Among Saint Lucia’s many charms is its lovely coastline. While cruising Soufriere Bay on the island’s southwest coast, you’ll have a completely unobstructed view of its iconic twin Pitons. If you’re looking for that signature shot of Saint Lucia, this is it. These green-swathed volcanic spires are a UNESCO World Heritage Site. The Gros Piton (2,530 feet high) and the Petit Piton (2,438 feet high), which are linked by the Piton Mitan ridge, are features of a volcanic complex that includes a geothermal field with sulphurous fumaroles and hot springs. The bay itself is an extinct volcanic crater of great depth and its extraordinarily clear blue waters teem with marine life. You have a front-row seat of one of the most beautiful sights in Caribbean, so relax and enjoy the view!



Bridgetown - Barbados is what England might look like if it had taken a tropical vacation years ago and decided to stay put. Cricket is the national sport, afternoon tea is a given, and motorists hug left. All these are remnants of the English settlers who arrived in what is now Bridgetown in 1628. Your cruise will show you the British influence most directly in the historic old section of town, which has been singled out as a UNESCO World Heritage Site. Other highlights include the Barbados Museum and the Careenage district, with its bars and restaurants.

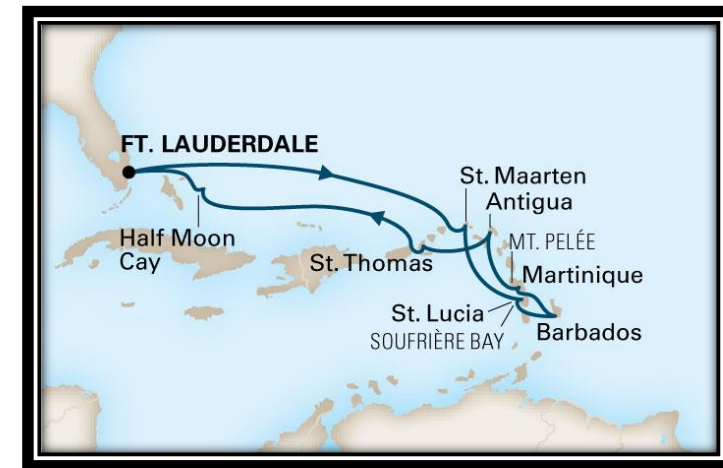
Fort-De-France - Christopher Columbus visited the island in 1502, but didn't like the snakes or the hostile reception from the native people. Cruise travelers will find the island, and its capital of Fort-de-France, more welcoming. Located in the Lesser Antilles between St. Lucia and Dominica, Martinique is dominated by a cluster of volcanoes, including the still active Mount Pelee. Fort-De-France, the bayside capital, is located on the west coast of the island. In town, cruise guests should include a visit to the formal gardens of La Savane Park. Highlights outside town include Saint-Pierre (buried by the 1902 Mount Pelee eruption) and the beach of Grand Anse des Salines.



St. Johns - Antigua is a Caribbean paradise, with sun-drenched beaches and lush rainforests. Explore the capital city of St. John’s, where the baroque towers of St. John’s Cathedral stand guard. Visit the Museum of Antigua and Barbuda and see Arawak and colonial antiquities. Glimpse rarely-seen species in the rainforest canopy. Nearby, Barbuda is home to one of the region's most significant bird sanctuaries.

St. Thomas - It seems like the entire length of St. Thomas's coastline is intricately scalloped. What that means for cruise visitors is an endless succession of sandy crescents and protected coves. Try Magen's Bay, just on the other side of the island from the main town, Charlotte Amalie. Hull Bay has surfing in winter. Brewer's Bay pairs well with sunsets. Snorkel at Coki Beach. Once you've beached enough, consider taking the aerial tram up to Paradise Point. You'll get a great view of Charlotte Amalie. And then? Shopping -- duty-free. There are dozens of stores downtown, ranging from the upscale Yacht Haven Grande to the eclectic Vendor's Plaza.

Half Moon Cay - Enjoy the perfect day of play on our pristine private island, from sunning on two miles of white sand to watersports, nature hikes, deep sea fishing, and more. For relaxing, reserve a private air-conditioned cabana by the sea. For adventure, feed the gentle rays at Stingray Cove, ride a horse into the surf or visit Half Moon Lagoon, the island's aqua park.



January 17	Depart Toronto to Ft. Lauderdale		
January 18	Ft. Lauderdale – Transfer to ship		4:00pm
January 19	Relaxing day at Sea		
January 20	Relaxing day at Sea		
January 21	Philipsburg, Sint Maarten	8:00am	3:00pm
January 22	Castries, Saint Lucia Scenic Cruising Soufriere Bay	8:00am	4:00pm
January 23	Bridgetown, Barbados	8:00am	5:00am
January 24	Fort-De-France, Martinique Daylight passing Mount Pelee	8:00am	5:00pm
January 25	St, Johns, Antigua and Barbuda	8:00am	5:00pm
January 26	St. Thomas, U.S.V.I.	8:00am	5:00pm
January 27	Relaxing day at Sea		
January 28	Half Moon Cay, Bahamas	8:00am	3:00pm
January 29	Ft. Lauderdale, Florida Transfer to airport for return flight home	7:00am	